

## New Expanded Marking Scale for Execution (For discussion during Lecturers Webinar)

Category	Score	Hybrids	Strokes/Propulsion/Transitions/Surface Patterns	Highlights (Acrobatics)
Perfect	10.0	<ul style="list-style-type: none"> <li>Maximum height (over 9,5 in scale both dynamic and stable) accurate lines all hybrid</li> <li>Full control (solid stability, full extension body and all joints , solid, effortless, clean). Accurate lines all hybrid</li> <li>Extreme flexibility (hips, shoulders, spine)*</li> </ul>	<ul style="list-style-type: none"> <li>Maximum height, extension, fluidity and power in all parts of the routine.</li> <li>Whole body used in execution of strokes.</li> <li>Head first boost crotch height.</li> <li>Exceptional power and efficiency.</li> <li>Maximum distance covered.</li> <li>Clean, clear formations. Perfect spacing</li> </ul>	<ul style="list-style-type: none"> <li>Throws: Near maximum height with very minimal setup and recovery time.</li> <li>Clean entries..</li> <li>Platforms: High, stable.</li> <li>Very strong and powerful</li> <li>Precise, accurate positions and movements of featured swimmer(s).</li> </ul>
	9.75	<ul style="list-style-type: none"> <li>Near maximum height (scale 9,5)</li> <li>Only small deviations in control</li> <li>Extreme range of flexibility</li> </ul>	<ul style="list-style-type: none"> <li>Near flawless with near maximum height.</li> <li>Small deviations seen by trained eye.</li> <li>Very strong, very powerful and very high</li> <li>Almost flawless power and efficiency with close to maximum distance covered.</li> <li>Clean, clear formations. Sharp arrivals. May have small differences in spacing occasionally</li> </ul>	<ul style="list-style-type: none"> <li>Throws: Near maximum height with very minimal setup and recovery time.</li> <li>Clean entries</li> <li>Very strong and powerful.</li> <li>Platforms: High, stable.</li> <li>Precise, accurate positions and movements of featured swimmer(s).</li> </ul>
9.50				
Excellent	9.25	<p>Average height clearly on 9,0</p> <ul style="list-style-type: none"> <li>Small deviations in control</li> <li>extreme range of flexibility.</li> </ul>	<ul style="list-style-type: none"> <li>Small deviations (.E.g. some loss of distance travelled)</li> <li>Very strong, very powerful and very high.</li> <li>Strong and powerful but may not cover maximum distance.</li> <li>Clean, clear formations but small differences in spacing or sharp arrival can be observed in few occasions. Positions kept</li> </ul>	<ul style="list-style-type: none"> <li>Throws: Near maximum height. Minimal set-up and recovery time.</li> <li>May have small deviation at entry.</li> <li>Very strong and powerful.</li> <li>Platforms: High, stable.</li> <li>May have small inaccuracies in positions and or movements of featured swimmer(s)</li> </ul>
	9.00			
Very Good	8.75	<ul style="list-style-type: none"> <li>Average height 8,0 to 8,5</li> <li>Small deviations in</li> <li>Large range of flexibility.</li> </ul>	<ul style="list-style-type: none"> <li>A few small errors.</li> <li>Generally high with some minor differences in arm angles.</li> <li>Strong, powerful and high.</li> <li>Mostly strong and powerful but may miss covering some areas of the pool.</li> <li>Clear formations; small differences in spacing or sharp arrival are frequent. Positions kept</li> </ul>	<ul style="list-style-type: none"> <li>Throws are generally high, stable and convincing.</li> <li>Some noticeable set-up and recovery time required.</li> <li>Mostly strong and powerful.</li> <li>Entries are clean.</li> <li>Platforms are generally high and stable.</li> <li>Small Inaccuracies in positions and or movements of featured swimmer(s)</li> </ul>
	8.50			
	8.25			
	8.00			
Good	7.75	<ul style="list-style-type: none"> <li>Average height 7,0 to 7,5.</li> <li>Small and medium deviation, no large, in control</li> <li>medium range of flexibility.</li> </ul>	<ul style="list-style-type: none"> <li>Generally small deviations</li> <li>Power, height and propulsion may deteriorate</li> <li>Some lack of strength and power evident.</li> <li>Misses covering some areas of the pool.</li> <li>Pauses between actions breaking fluidity.</li> <li>Patterns: ; small and medium differences in spacing or sharp arrival /keeping position</li> </ul>	<ul style="list-style-type: none"> <li>Throws are of medium height and lack some accuracy in positions.</li> <li>Stability not maintained throughout.</li> <li>Noticeable setup time and recovery time.</li> <li>Lack of strength and power.</li> <li>Entries are not clean.</li> <li>Platforms are of medium height.</li> <li>Small Inaccuracies in positions and or</li> </ul>
	7.50			
	7.25			
	7.00			

				movements of featured swimmer(s)
<b>Competent</b>	<b>6.75</b>	<ul style="list-style-type: none"> <li>• Average height 6,0 to 6,5.</li> <li>• Small, medium and may have large deviations , in control</li> <li>• Small range of flexibility.</li> </ul>	<ul style="list-style-type: none"> <li>• Average height, basic power with rest spots evident.</li> <li>• Lacks power and efficiency.</li> <li>• Misses covering several areas and/or limited to one side</li> <li>• Patterns: continuous small and medium differences in spacing or sharp arrival. Positions mostly not kept</li> </ul>	<ul style="list-style-type: none"> <li>• Throws are of average height with inaccurate achievement of positions.</li> <li>• Lack of stability, control, energy and power in moves.</li> <li>• Long set-up and recovery time.</li> <li>• Entries are not clean.</li> <li>• Platforms: Average height but not stable.</li> </ul>
	<b>6.50</b>			
	<b>6.25</b>			
	<b>6.00</b>			
<b>Satisfactory</b>	<b>5.75</b>	<ul style="list-style-type: none"> <li>• Average height 5,0 to 5,5.</li> <li>• Medium and large deviations in control</li> <li>• Small range of flexibility.</li> </ul>	<ul style="list-style-type: none"> <li>• Positions not clear.</li> <li>• Several major errors at lower end of range.</li> <li>• Some height evident in easier sections with many rest spots.</li> <li>• Propulsion is not strong or efficient with effort evident.</li> <li>• Lacks power and efficiency with evident rest spots.</li> <li>• Does not cover the pool.</li> <li>• Patterns: continuous medium and large differences in spacing. No sharp arrival. Wide patterns. Positions mostly not kept</li> </ul>	<ul style="list-style-type: none"> <li>• Highlights are attempted but they are low and unstable.</li> <li>• Throws are attempted but are low and lack control.</li> <li>• 1 or more swimmers about fall,( not the whole structure)</li> <li>• Very long set-up and recovery time.</li> <li>• Entries are not clean.</li> <li>• Platforms: Low and lacking stability.</li> </ul>
	<b>5.50</b>			
	<b>5.25</b>			
	<b>5.00</b>			
<b>Deficient</b>	<b>4.75</b>	<ul style="list-style-type: none"> <li>• Average height 4,0 to 4,5.</li> <li>• Medium and large deviations in control</li> <li>• Small range of flexibility.</li> </ul>	<ul style="list-style-type: none"> <li>• Major errors throughout.</li> <li>• Most angles are inaccurate and lacking definition.</li> <li>• Low and inconsistent height throughout.</li> <li>• Limited propulsion, lack of power and efficiency.</li> <li>• Poor flow between actions.</li> <li>• Rest spots throughout.</li> <li>• Movements are not finished.</li> <li>• Does not cover the pool.</li> <li>• Limited to one side.</li> <li>• Patterns: ; continuous large differences in spacing. Large patterns. No sharp arrival. Positions not kept.</li> </ul>	<ul style="list-style-type: none"> <li>• Highlights may be attempted but they are very low and/or unstable.</li> <li>• Throws, if attempted are low and lack control.</li> <li>• 1 or more swimmers can fall (still something is done).</li> <li>• Entries lack clarity and are poorly done.</li> </ul>
	<b>4.50</b>			
	<b>4.25</b>			
	<b>4.00</b>			
<b>Weak</b>	<b>3.75</b>	<ul style="list-style-type: none"> <li>• Struggling in all aspects.</li> <li>• Low height..</li> <li>• Large deviations in control .</li> <li>• Unclear</li> </ul>	<ul style="list-style-type: none"> <li>• Major differences throughout.</li> <li>• Struggling in all aspects.</li> <li>• Angles are very unclear.</li> <li>• Low height throughout.</li> <li>• Propulsion is weak and inadequate.</li> <li>• Lack of power.</li> <li>• Unclear, no clarity in executing transitions.</li> <li>• Long rest spots</li> <li>• Minimal pool coverage.</li> </ul>	<ul style="list-style-type: none"> <li>• Highlights are very unstable and unclear</li> <li>• 1 or more swimmers fall (still something is done).</li> <li>• Minimum Height</li> </ul>
	<b>3.50</b>			
	<b>3.25</b>			
	<b>3.00</b>			

			<ul style="list-style-type: none"> <li>Patterns: Many patterns unclear with continuous large differences in spacing. No sharp arrival. Positions not kept</li> </ul>	
<b>Very Weak</b>	<b>2.75</b>	<ul style="list-style-type: none"> <li>Difficult to recognize.</li> <li>All positions are unclear.</li> <li>Extension is totally lacking.</li> <li>Very low height throughout.</li> <li>Struggling to execute even basic actions.</li> </ul>	<ul style="list-style-type: none"> <li>Very low height.</li> <li>Swimming skills are extremely weak not allowing for propulsion.</li> <li>Gaps in transitions with major rest spots.</li> <li>Little control over legs and arms.</li> <li>Very limited pool coverage.</li> <li>Patterns: all patterns hard to recognize</li> </ul>	<ul style="list-style-type: none"> <li>Lack any height. (ie platform looks as a low boost)</li> <li>Very messy and unclear. Looks failed</li> </ul>
	<b>2.50</b>			
	<b>2.25</b>			
	<b>2.00</b>			
<b>Hardly Recognizable</b>	<b>1.75</b>	<ul style="list-style-type: none"> <li>Lacking all technical skill so movements are hardly recognizable.</li> <li>Struggling to perform hybrids.</li> <li>No clarity, extension or definition throughout.</li> <li>Little if any height.</li> </ul>	<ul style="list-style-type: none"> <li>Lacking any precision in basic strokes.</li> <li>Extremely weak.</li> <li>Transitions are very poorly executed, and lack clarity.</li> <li>Rest spots throughout.</li> <li>Extremely limited pool coverage, if any.</li> <li>Patterns: unrecognizable</li> </ul>	<ul style="list-style-type: none"> <li>If present they are hardly recognizable except at surface.</li> </ul>
	<b>1.50</b>			
	<b>1.25</b>			
	<b>1.00</b>			
	<b>0.75</b>			
	<b>0.50</b>			
<b>0.25</b>				